

GMT	Crew	Activity
09:15–09:25		Morning inspection
09:25–09:55		Post-sleep
09:55–10:45	FE-2, CDR	BREAKFAST
09:55–10:30	FE-1	
10:30–11:00		N2 transfer (init)
10:45–11:15	FE-2, CDR	Prep for work
11:00–11:15	FE-1	O2 transfer (termination)
11:15–11:30		Daily planning conference ( <i>S-band</i> )
11:30–11:40	FE-2	EVARM post-EVA background read (part 1)
11:30–12:30	FE-1	Move Mobile Transporter from launch position
11:30–12:10	CDR	IMS file prep
11:40–11:55	FE-2	Private medical conference ( <i>S-band</i> )
11:55–12:15		EVARM post-EVA background read (part 2)
12:10–12:15	CDR	Inspection of ???-1 separator
12:15–12:30	CDR	Replacement of SM-DVCAM-05 cable / Prep for TV pass
12:30–13:30	FE-2	MPEV removal and filter cleaning
12:30–13:30	FE-1	Move Mobile Transporter from zone 4 to zone 5
12:30–12:50	CDR	Test of DVCAM <b>TV feed</b> after replacing SM-DVCAM-05 cable
13:00–14:30		Physical exercise (VELO+ RED day 3)
13:30–14:30	FE-1	Move Mobile Transporter from zone 5 to zone 4
13:30–13:55	FE-2	Increment 4 payload status check (including 8A payloads)
14:00–14:15		Transfer tagup
14:30–15:20		LUNCH
15:20–16:20		EVA 4 procedure review
16:20–16:45		ISS/STS crew photo
16:45–17:15		ISS/STS crew conference
18:00–19:30	FE-2	Physical exercise (RED)
18:00–19:00	CDR	Physical exercise (TVIS-3)
18:25–18:40	FE-1	Private medical conference ( <i>S-band</i> )
19:00–20:00	FE-1	Physical exercise (TVIS)
20:00–20:15	CDR	Private medical conference ( <i>S-band</i> )
21:15–21:55	CDR	Maintenance of ???
21:55–22:10		Daily planning conference ( <i>S-band</i> )
22:45–23:15		DINNER
23:15–23:45		Daily food prep
23:45–00:45		Pre-sleep
00:45–08:45		SLEEP

**NOTE:** See OSTP for references to US activities

End of radiogram